



# Sierra Foothills Area of Narcotics Anonymous Hospitals & Institutions Facilities Guide

## Purpose of this Guide

This guide provides information on all of the H & I meetings supported by the Sierra foothills Fellowship of Narcotics Anonymous. You will find a brief description of each facility we serve and learn when meetings are held, what requirements must be met to enter, and who coordinates each meeting. If you're interested in volunteering, please contact the facility coordinator directly.

## DOs & DON'Ts of H & I Service

### DO

- Emphasize that NA recovery is available to all addicts regardless of drugs used.
- Make directories of outside meetings available to residents.
- Start and end on time!
- Obey the dress code & exercise common sense.
- Adhere to each facility's rules and security regulations.
- Involve residents with the meeting, especially those in long term facilities.

### DON'T

- Emphasize "using days" while sharing an NA message of recovery.
- Use excessive profanity.
- Break another person's anonymity.
- Debate any issues involving facility rules, regulations, or other programs.
- Get involved in discussions on outside issues, including opinions regarding psych meds.
- Take messages or carry letters in or out of the facility.
- Discuss any inmate's case or their guilt or innocence.

Sierra Foothills Area  
of Narcotics Anonymous  
PO Box 4280  
Auburn, Ca 95604

## Placer County Jail & Barracks

Men's Barracks: Sunday, 7:30-8:30 PM  
Coordinator: Mitchell

Women's Barracks: Wednesday 5:30-6:45 PM  
Coordinator: Trish

Men's Jail: 2<sup>nd</sup> & 4<sup>th</sup> Thursday, 5:30-6:45 PM  
Coordinator: Open

Women's Jail: 1<sup>st</sup> & 3<sup>rd</sup> Thursday, 5:30-6:45 PM  
Coordinator: Trish

Placer County jail and barracks are locked down facilities, located in Auburn. The clearance requirements for both are as follows:

- Clean time requirement of 18 months
- Clean time requirement of 5 years for any volunteer with a prison record.
- Not currently on probation or parole and has not been within the last 18 months
- Must complete application thoroughly without omitting any requested history or information

The meetings are standard meeting format with readings, share and discussion. Dress code is specific, see coordinator for details.

## Yuba-Sutter Juvenile Hall (Camp Singer)

Thursday, 7:00-8:00 PM  
Coordinator: John

This is a co-ed youth facility in Marysville. The meetings are the 2<sup>nd</sup> & 4<sup>th</sup> Thursday of the month. It is a great meeting with average attendance of 25 per meeting. There is a 6 month clean time requirement for volunteers. You can not be on probation or parole.

## Yuba County Jail

Women 1<sup>st</sup> & 3<sup>rd</sup> Thursday 6:30-8:00 PM  
Coordinator: Brandy D.  
Men every Tuesday 6:00-8:00 PM  
Coordinator: Will M.

Volunteers must have 1-year clean time. Must be off parole & probation. No sex crime convictions. Dress code is specific, see coordinator for details.

## El Dorado County Jail

Thursday, 6:00-10:00 PM  
Coordinator: Charles

The El Dorado County jail, located in Placerville, houses inmates with court proceedings and those serving sentences of up to one year. The clearance requires:

- 12 months clean time
- No outstanding warrants, probation or parole
- No arrests or incarceration within the last 3 years
- Not currently being treated for a psychiatric disorder

The meetings use a standard meeting format: share, topic, and discussion. Dress code is specific, see coordinator for details.

## Sutter County Jail

Women: 2<sup>nd</sup> & 4<sup>th</sup> Saturday, 7:00-8:00 PM  
Coordinator: Seadee  
Men: 1<sup>st</sup> & 3<sup>rd</sup> Saturday, 7:00-8:00 PM  
Coordinator: Russell

Volunteers must have 1-year clean time and be off probation or parole. The meetings use a standard meeting format, share, topic, and discussion. Dress code is specific, see coordinator for details.

## Growlersburg Fire Camp

Thursday, 7:00-8:30 PM  
Coordinator: Tim

Growlersburg fire camp is a minimum security Firecamp (CDCR) with 132 inmates located in Georgetown, El Dorado County. We hold meetings weekly. Volunteers must have 6 months clean time. Clearance is approved through the visitation form.

## Pathways

Thursday, 7:00-8:00PM  
Coordinator: Eric

Volunteers must have 6 months clean time. This is a co-ed recovery house located in Marysville. Contact coordinator for specific facility rules and regulations. Volunteers must sign confidentiality form.

### Wayne Brown Correctional Facility (Nevada County)

Thursday, 6:00-9:30 PM  
Coordinator: John

This is a lock down facility located in Nevada City. We conduct a men's meeting, a women's meeting, and a co-ed meeting. The clearance requirements for are:

- Clean time requirement of 6 months.
- Must be out of jail/prison for at least 1 year.
- Must complete application thoroughly without omitting any requested history or information.
- Jail administration has final approval on all volunteers and can refuse clearance for any reason

The meetings follow a standard format with readings, sharing, and discussion. Dress code is specific - see the coordinator for details.

### Nevada County, Placer County & El Dorado County Juvenile Hall Facilities

Nevada City: Monday, 7:00-9:30 PM  
Coordinator: Ray H  
Auburn: 1<sup>st</sup> Thursday of the month 6:30-8:00PM  
Coordinator: Steve  
Placerville: 2<sup>nd</sup> Thursday of the month, 7:00-8:00PM  
Coordinator: Mike

These are lock down facilities. Nevada City has both women's and men's meetings. Auburn & Placerville have co-ed meetings. Facility requirements are as follows.

- Clean time requirement of 6 months
- Not currently on probation or parole and has not been within the last 12 months
- Must complete application thoroughly without omitting any requested history or information.
- Jail administration has final approval on all volunteers and can refuse clearance for any reason

The meetings are standard format with readings, share and discussion. See coordinator for dress code specifics.

### Hope House

Monday, 7:00-8:00 PM  
Coordinator: Danice

Hope house is a residential treatment facility for women and children, located in Grass Valley. It can house up to 10 women and 6 children. Length of treatment ranges from 30 days to 6 months. H&I brings in a speaker meeting once a week.

### South Placer Recovery

Tuesday, 6:30-8:00 PM  
Coordinator: Jack

This is a 32-bed co-ed facility in Auburn. The typical stays range from 20 to 90 days. The meeting is a standard format with a secretary and a chairperson. The clean time requirement is 90 days. Both male and female H&I volunteers are welcome.

### Progress House Nevada City, Coloma & Camino

Nevada City: Monday, 7:00-8:00PM Co-ed facility  
Coordinator: Lori  
Coloma: Monday, 8:00-9:00PM Men's facility  
Coordinator: Darren  
Camino: Wed 7:00-8:00PM Women's facility  
Coordinator: Dawn K

Volunteer clean time requirements for all three facilities are 6 months. Meetings vary from standard format with a secretary and a chairperson to topic discussion, just for today and basic text discussion. Both male and female volunteers are welcome at Nevada city and Coloma. However Camino is a facility for women and their children with only women volunteers.

### Applegate Recovery

Thursday, 7:00-8:00PM  
Coordinator: Justin

This is a 6 bed men's recovery house just off I-80 east of Auburn. The meeting is a standard format with a secretary and a chairperson. The clean time requirement for H&I volunteers is 6 months. Women can volunteer in pairs. (2 women)

### New Leaf—Lorenson & Hoffman Houses

Both on Mondays, 7:00-8:00 PM  
Lorenson House  
Coordinator: Melody  
Hoffman House  
Coordinator: Tracy

We bring meetings into two residential treatment facilities operated by New Leaf in Auburn. Both treat women and their children for up to one year. The clean time requirement for H&I volunteers is 6 months.

### **Why Get Involved?**

*Hospitals and Institutions service offers addicts an opportunity to demonstrate gratitude, fulfill responsibility, and share the NA message without expectations. It is also an effective tool that helps us stay clean, and keeps us coming back. The H & I message is the same as the NA message: "That an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live." The gift we share is hope and freedom from active addiction through the program of Narcotics Anonymous. Any NA member who wants to carry this message is encouraged to get involved with H & I service. There are many ways to serve in Narcotics Anonymous, and many of us have found H & I service to be the most rewarding aspect of our recovery.*